



**MEDICAL & RELEASE FORM**

I hereby give approval for my child listed below to engage in any and all track and field activities during the current season. I assume all risks and hazards incidental to such participation, including transportation to and from said activities, and do hereby waive, release, absolve, indemnify, and agree to hold harmless OLM, OLMA, the organizers, sponsors, supervisors, coaches, other participants and persons coaching or transporting my child to and from said activities, for any claim arising out of any injury.

Child's Name: \_\_\_\_\_  
Parent Signature: \_\_\_\_\_ Date \_\_\_\_\_  
Parent Name (Print): \_\_\_\_\_

\_\_\_\_\_  
Please indicate specific allergies, chronic illnesses, or other medical conditions that coaches and medical personnel should be aware of:

\_\_\_\_\_  
\_\_\_\_\_

Family Physician: \_\_\_\_\_ Phone: \_\_\_\_\_  
Prescriptions/Medications: \_\_\_\_\_  
Other person to contact in case of emergency: \_\_\_\_\_  
Phone: \_\_\_\_\_

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I give my permission for my child's picture related to track and field activities to appear in school videos, print publications, news stories, and/or advertising for the school.  
Yes \_\_\_\_\_ No \_\_\_\_\_

**Events that your child will be able to participate in:**

Individual events: 50M (Grades K-4) 100M (5-8) 200M (K-8) 400M (K-8) 800M (K-8) 1600 (5-8)  
Relays: 4x200M (K-8)  
Javelin (K-8) Shot Put (5-8) Broad Jump (K-4) Long Jump (5-8)